REGION II Behavioral Health Board

MONTHLY MEETING MINUTES February 11, 2021-- 1:30 PM Zoom Conference Meeting due to COVID-19 restrictions website: www.riibhb.idahopublichealth.com

Zoom Conference Link https://us02web.zoom.us/j/85862343375?pwd=NWxQbIF4ZUIDQkZZUDJxU1c2TEpsdz09

Board Members							
х	Dianne Baumann	х	Sharlene Johnson	х	Pam Lopardo	х	Skye Taylor
х	Sara Bennett		Darrell Keim	х	Lisa Martin	х	Jenny Teigen
	Terema Carlin	х	Diane Kovach	х	Mike Ponozzo		
х	Megan Comstock	х	Shari Kuther	х	Suzi Quintal	х	Dean Allen
	Kathy Connerley	х	Kathie LaFortune	х	Jim Rehder		Dustin Hibbard
х	Beverly Fowler	х	Tom Lamar	х	John Rusche	х	Todd Hurt
	Chris Goetz	х	Deborah Lind	х	Teresa Shackelford		

1. Roll Call, Welcome, and Introductions

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Others In Attendance: Caitlyn Rusche, Eric Urban, Karen Kopf, Tammy Everson, Richard Gayler, Joyce Lyons, Laura Thayer, Zlata Myr, Jen Griffis, Starr Shepard, Stephanie Biedman, Elaine Dufford,

2. Approval of January BHB Minutes (Action Item): Motion to change the approval of the minutes for January instead of December. Motion to change the minutes of January 2021 – Teresa Shackelford, seconded by Sharlene Johnson. No discussion. Motion passed. Motion to approved January 2021 minutes by Tom Lamar, seconded by Teresa. No discussion on the

motion. Motion passed

- 3. Financial report—Carol/Perri: Caitlyn reported that we have spent \$1,049 for the upriver youth Coalition. There is over \$8,951 remaining for Board support projects.
- 4. LCV Resilience Coalition—Stephanie Beidman: This coalition is working to increase information about ACE's. The board's goals is to eliminate ACE's conditions within our region. They work with various organizations to build resources and help bounce back from trauma. LCVRC.org is the website. They are requesting emails for the monthly newsletter. They are providing monthly training and they are working to get them put on YouTube. They will be putting on their 3rd conference, August 5, 2021.
- 5. Rural Crisis Center Network update—Joyce Lyons: December was relatively slow. 48 individuals in January. There was a time when Moscow had 3 individuals at the center at once. 2020, served 274 people, avoided hospitalization on most cases. Overall referrals to hospitalizations was 31. Average age was 38 years old, as young as 18 and as old as 78. Served 39 homeless individuals. 3.2 % of those served were veterans. There were 61% with no insurance, 33% had Medicaid and 14% had Medicare, 48% was Latah county, 34% from clearwater county, 17 % from Nez Perce county. Nez Perce county will cover the services for Idaho/Lewis County. Joyce has an intern looking for resources to establish a crisis center in Idaho County. Currently providing cards and brochures to law enforcement and other stakeholders. Blue cross/Optum/Molina have credentialed the centers. Billing has started but only \$7000 have been recouped. Centers were able to remain open throughout the pandemic. Moscow has been able to

recruit an intern to offer various community supports. Looking forward to working with the mobile crisis in Nez Perce county. Working towards sustainability and ongoing collaboration with community partners. The Rural Crisis Center Model is fulfilling its mission at a low cost with good sustainability.

6. State Hospital North update—Todd: SHN is working to get funds transferred from State Hospital North in the governor's budget to go through JFAC approval process. He remains optimistic about the funding to be approved. They are working on a three pronged process. Currently working on the rules and regulations to get them to the JFAC standards. The physical plant standards is targeting safety and antiligature. SHN is working on submitting funding requests for physical changes to the facility. 4 of the projects are "mission critical" for their JFAC accreditation. The 4th component is the human resources component, where they will increase staffing levels. Some of this staffing will be related to billing so that federal funds would be leveraged, as opposed to general funds. The hospital is at 100% occupancy currently. Currently down 33% on the nursing staff. COVID impacted their admission and discharge rates, 240 admissions this past year. Last week over 60% were at the hospital for forensic restoration, which shows the court system has been finding many more unable to aid their defense. Individuals incarcerated take priority on admission as they are not located at a psychiatric facility. Dr.Kracke announced his retirement. The D.O school in Meridian is having their students complete a psychiatric rotation at SHN. This was discontinued due to COVID as the students are high risks with their rotations. The hope is to reinstate this in the future.

Skye asked about the average wait time which Todd states is about 1 week- 2 weeks. There is a longer wait for the civil commitment vs the criminal commitment. There are a variety of components that impact delay admission.

- 7. BHB intro for law enforcement (Idaho County)—Teresa: Teresa is setting up a meeting with Sheriff Ulmer to introduce the new things that they are doing for crisis work. She is currently in the process of scheduling the presentation.
- 8. Legislative update—Tom/Jim: Kathy LaFortune reported: Medicaid expansion is back to being funded at this time. There is a short fall at the state level and there is talk about asking the counties to cover \$12.5 million. There are various methods proposed. Considering getting rid of the indigent fund and/or the CAT fund. There is discussion but no decisions. John Rusche reported: He is interested in more information about the CAT funds as opposed to those covered by Medicaid. Latah county has seen a decrease in the CAT fund and indigent fund.
- 9. Recovery Community Center Latah/Nez Perce Counties: Neither Darrel or Shaun were on the call.

10. BHB Subcommittee Members, Reports and Board Discussion

–CMH- Laura reported they met last week after the board meeting. Discussed family involvement and getting family to speak to the board or the CMH subcommittee about the involvement in the system. Continue to work on the resource guide. They will go over the BSU family survey in their meeting directly after the board meeting.

-ABH- Shari reported they discussed Crisis Intervention Team (CIT) training. There is a team working on the Memphis model which is a 5 day course. They discussed POST credit questions. ICRMP has an intense 1 day training. Would the full board be interested in having ICRMP come present to the board? Jim reported he felt it would be helpful. Todd and Teresa updated about the 18-211 and 18-212. Discussed certified family homes and the funding in place not sustaining or enticing people. There is a limited number of DE's but due to COVID there are numerous individuals interested in this process. Discussed including prosecutors and the new sheriff's in CIT training. The Latah and Nez Perce county prosecutor's office has been involved and some involvement with Clearwater county.

Skye were wondering about numbers and the possibility of including probation. Laura reported juvenile probation is invited to attend.

-Housing- Lisa reported their last meeting was January 11th. Discussed clearwater county getting a safe and sober house established. No prospects for sober living in Latah county. Idaho housing reported additional funds at the beginning of the year for COVID housing relief.

–Telehealth- Dean reported the subcommittee met yesterday. ACA has been working on an interstate compact for counselors to get portability of the license. The Idaho counseling association is working to get this proposed this year, but there is nobody currently willing to sponsor the bill. Insurance parity for Tele-counseling discussion as insurers want to reduce the rate of reimbursement. Also discussed the status of tele-counseling over this past year. March/April had a big uptick in the services and this has decreased over the pandemic. Uptick in the services provided by the counselors as the state workforce is still using tele-work. Concern expressed about a plan for state workforce to return to face-to-face work.

–Prevention- Sharlene reported they met on February 2nd. Discussed Positive Social Norming campaign. They are distributing vinyl clings and stickers. They have had 75 participants in their webinars. They have almost 300 people registered for their upcoming cops training. They are requesting funding for the recovery center in Kamiah. Jim stated Sharlene and the UYLC are applying for a SAMHSA grant for a Kamiah Recovery Center and Jim wrote a letter of support for the grant from the Board.

Public Input- Starr Shepard from BPA Health made an announcement about the Idaho Lives project. They are linking youth who have made a serious attempt with a case worker. This spring they will start attempt survivors support groups for those age 18-24. Reminder about the COVID frontline worker counseling sessions, as they are offering up to 5 individual counseling sessions. Idaho Strong COVID crisis counseling phone line is still active.

Karen Kopf of Optum – Provided links to the following:

Resilient Idaho/ACEs https://www.idahoptv.org/shows/specials/resilientidaho/

The Behavioral Risk Factor Surveillance System (BRFSS) – ACE Data https://publicdocuments.dhw.idaho.gov/WebLink/Browse.aspx?id=8097&dbid=0&repo=PUBLIC-DOCUMENTS

COVID Support Resource Page www.ioem.idaho.gov/covidhelpnow

School Mental Health Training https://www.kazevedo.com/copy-of-learn-more

Optum Idaho Conference https://www.optumidahoconference.com/

11. Next BHB Meeting – March 11, 2021

12. Meeting Adjourn-